

# Plot 21 Club

**Every Wednesday Mornings (10 am – 12 noon)\***



**Are you at a crossroads in your life?**

Want a change of scenery, somewhere quiet to relax or have a chat with a cup of tea?

Or are you looking for something outdoors\*, which is creative, safe, as active as you are able, or fulfilling?

**Whatever your reason you can just come along and be yourself.**

You can choose to be active on the allotment if you feel up to it. Or just relax with a hot drink, and take in the stunning views of the valley. Who knows you'd might make new friends; grow vegetables, fruit, plants or flowers; draw, paint or take photographs; share and gain more skills; along the way you might find yourself being more healthier and happier too.



Our plot has nine raised beds, two of which are adapted for wheelchair-users, a leisure shed providing a cosy retreat overlooking the breath taking views over the valley. There is an Eco toilet with disability access and parking on site. **\*On bad weather days, we meet at Moulton Community Centre instead.**



For more information on our allotment please contact **Jan on 07 392 513 008.**

We look forward to meeting and spending time with you!